

photo by sara huny young

JOY KMT

MEDIA KIT



Joy KMT

Reverent ass miracle worker. An Opulence

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Joy KMT saves lives and reveals miracles. She supports people seeing themselves from a place of deep self-love, offering unique & powerful perspectives that catalyze instantaneous shifts. She works primarily with Black & Indigenous women of color and nonbinary people of color. She teaches online courses and hosts intentional, intimate & deeply alkhemic retreats for the discerning soul-seeker.

"Joy, listening to you is literally like hearing the voice of God. She channels through you. I'm always in awe every time we talk."

www.tabernacle.life

-Natalie Bencivenga, SEEN ediitor for the Pittsburgh Post Gazette, Co-host of Emmy nominated "Setting the SEEN" & The Broadcast.

Media

Podcasts & Radio

- The Matriarchial Business Podcast
- The Broadcast
- 9 Minds Radio Show
- DesignHer Life
- Peace It Together Pittsburgh

Articles

- Black Femme Witches Brew
- Badwitch.es
- The Body is Not an Apology



WHY INTERVIEW JOY?

- her perspective is unorthodox & fresh.
 You won't get the typical canned
 "self-help" responses from her.
- She answers the "tough" healing questions in ways that are accessible to even those new to their healing journey.
- She's passionate, compassionate, and deeply engaging. She's probing and pointed while being caring & without being rude.

contact Joy today: joy@tabernacle.life



INTERVIEW TOPICS

- The secret life of rage
 What is rage? How do we move from
 being a victim of rage into a dynamic
 partnership with it, and why would
 anyone want to?
- The wisdom of bitterness
 What have bitterness & resentment come to show you? How can embracing bitterness and its lessons actually teach you about making life-affirming decisions for yourself?
- The necessity of pleasure

 Nowadays, self-care is a buzzword and a rallying cry, but for far too many, it's still seen as a luxury. Let's get into how crucial pleasure is to not only living a joyful life, but a liberated one.
- The trap of self-improvement With the explosion of the self-help movement, it can be easy to mistake selfimprovement for self-love. Let's get into the nuts and bolts of what real transformation requires.
- ASK JOY ANYTHING
 Literally, ask her any question about life
 & spirituality. Joy explains it all.